

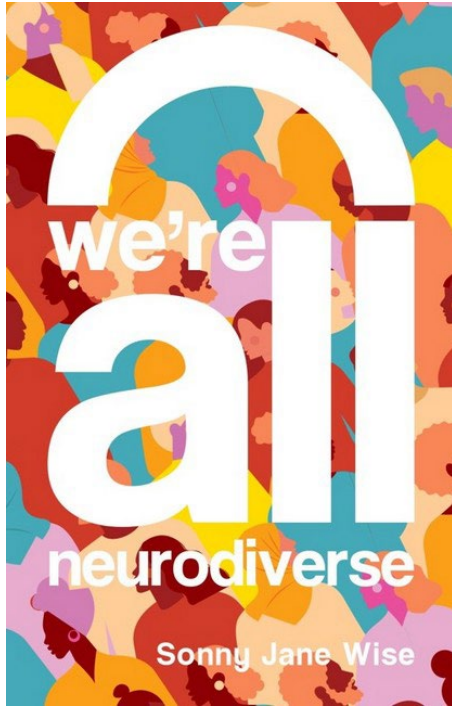
Autism & Neurodiversity Books

NEW AND BESTSELLING
March 2024



Woodslane

www.woodslane.com.au



We're All Neurodiverse

How to Build a Neurodiversity-Affirming Future and Challenge Neuronormativity

NEW

By Sonny Jane Wise

This affirming and thoughtful guide outlines how and why we need to fundamentally shift our thinking about neurodivergent people. We need to accept differences rather than framing them as a problem, abnormality or disorder.

Welcome to the neurodiversity paradigm. At times challenging and radical, Sonny Jane Wise explores the intersections of neurodivergence with disability, gender, sexuality and race. Through interviews, narratives, and the lens of their own raw experiences, they consider how current systems and structures that impact neurodivergent people are rooted in outdated capitalist and racist frameworks, and how these need to change and adapt to be neurodiversity affirming.

Sonny Jane's words are a rallying cry to challenge the pathology paradigm. They offer nine principles for facilitating change, reflected in deeply personal stories from the neurodivergent community. Powerful and persuasive, this book is a clarion call for a kinder and more neurodiversity affirming society.

JESSICA KINGSLEY PUBLISHERS

Author is from Australia

Disc: TRADE INTERNATIONAL

216 X 138 mm

Release Date: November 2023

9781839975783

Paperback

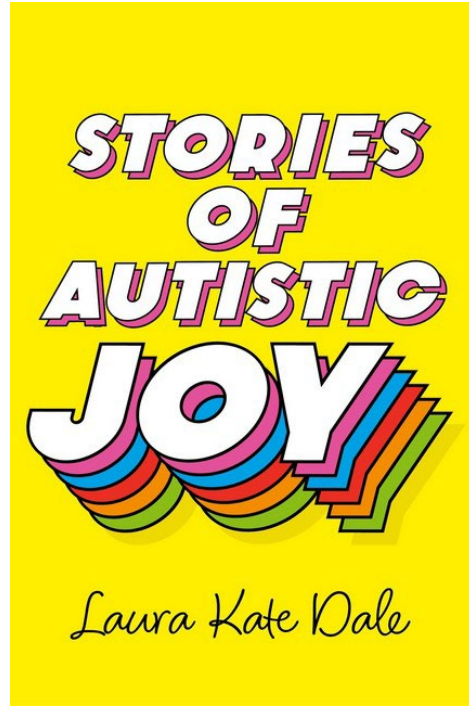
208 pages

NOT ILLUSTRATED

AUD\$: 37.99



9 781839 975783



Stories of Autistic Joy

NEW

By Laura Kate Dale

Key Sales Points:

*An anthology of stories celebrating autistic joy

'I love that I don't need to feel ashamed at my happiest, and that my joy no longer needs to go through a filter before it's ready to see the light of day'

Laura Kate Dale and 15 other autistic authors from around the globe, open the door and invite you in to explore and celebrate the candid, uplifting and intimate moments of autistic joy. More often than not autism is viewed through the lens of struggles and challenges - *Stories of Autistic Joy* is here to shift that narrative and turn the spotlight onto the unique joys that shape autistic people's lives.

From loving relationships, fantasy writing, building soft forts to curl up in and echolalia to peaceful (or very unpeaceful!) solitude, Pokemon, stimming freely and unmasking for the first time, joy comes in all shapes and sizes. So, step inside and explore the diverse and heart-warming stories from around the world and celebrate what makes experiencing autistic joy so special.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

229 X 152 mm

Release Date: October 2023

9781839978098

Paperback

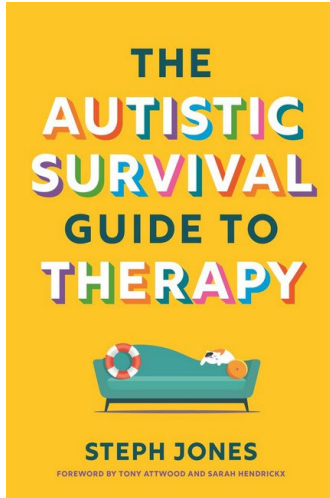
176 pages

B&W THROUGHOUT

AUD\$: 37.99



9 781839 978098



The Autistic Survival Guide to Therapy

NEW*By Steph Jones*

This is the book that would've saved me nine different therapists, decades of self-analysis, thousands of pounds, twelve different doctors and untold amounts of pain, frustration and trauma.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

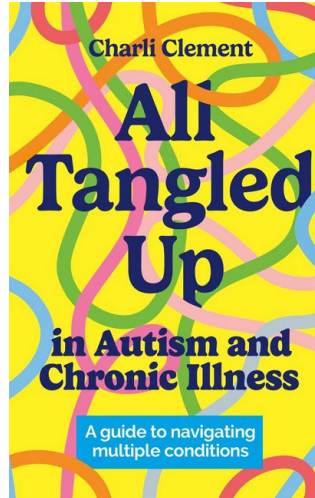
216 X 138 mm

Release Date: May 2024

9781839977312

Paperback

256 pages

AUD\$: 42.99

All Tangled Up in Autism and Chronic Illness

A guide to navigating multiple conditions

NEW*By Charli Clement*

In this ground-breaking debut, Charli Clement combines their own experiences alongside unique short profiles from individuals with chronic illness, to provide an intimate and insightful look.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

216 X 138 mm

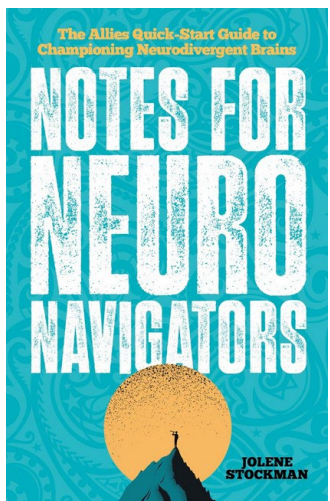
Release Date: March 2024

9781839975240

Paperback

240 pages

B&W THROUGHOUT

AUD\$: 41.99

Notes for Neuro Navigators

Navigators

The Allies Quick-Start Guide to Championing Neurodivergent Brains

NEW*By Jolene Stockman*

"Being autistic is full-on, but being in the life of someone who is autistic? This can be epic, world-changing love." In a world built for neurotypicals, how can you help autistic loved ones navigate their way to happiness?

JESSICA KINGSLEY PUBLISHERS**Author is from New Zealand**

Disc: TRADE INTERNATIONAL

198 X 129 mm

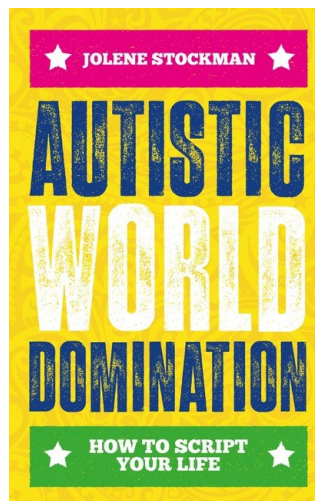
Release Date: March 2024

9781839978685

Paperback

144 pages

B&W THROUGHOUT

AUD\$: 30.99

Autistic World Domination

Domination

How to Script Your Life

By Jolene Stockman

The neurotypical world doesn't always work for autistic people, but that's about to change! By helping readers write their own blueprint for life, Autistic World Domination empowers autistics to create the world they want for themselves.

JESSICA KINGSLEY PUBLISHERS**Author is from New Zealand**

Disc: TRADE INTERNATIONAL

220 X 140 mm

Release Date: May 2023

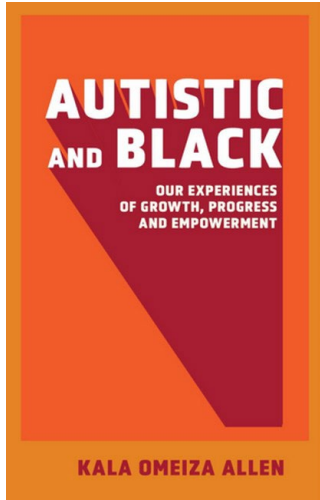
9781839974441

Paperback

208 pages

NOT ILLUSTRATED

AUD\$: 34.99



Autistic and Black Our Experiences of Growth, Progress and Empowerment

NEW

By Kala Allen Omeiza

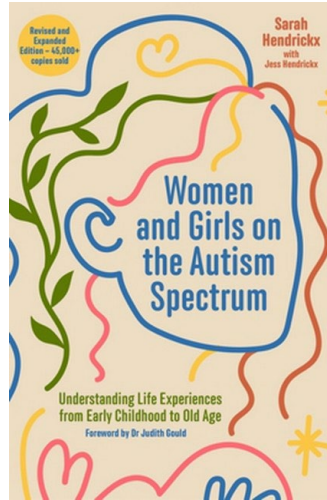


It's time we bring forward Black autistic pain points and celebrate the triumphs of ourselves, family members, and organizations that care for these individuals.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
216 X 138 mm
Release Date: May 2024
97818339976209

Paperback
224 pages
B&W THROUGHOUT
AUD\$: 42.99



Women and Girls on the Autism Spectrum 2/e

NEW EDITION

By Sarah Hendrickx, Judith
Gould

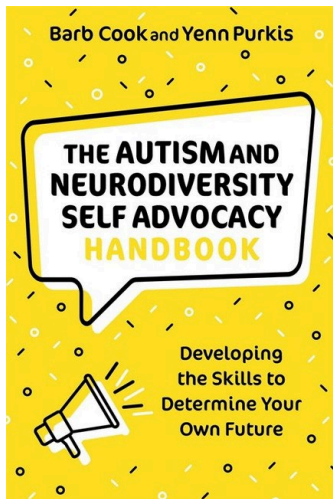


A cradle-to-grave guide to female autistic experience combining personal accounts with academic research, with chapters on childhood, education, employment, healthcare, gender identity and ageing.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: April 2024
9781805010692

Paperback
352 pages
B&W THROUGHOUT
AUD\$: 44.99



The Autism and Neurodiversity Self Advocacy Handbook Developing the Skills to Determine Your Own Future

By Barb Cook, Yenn Purkis



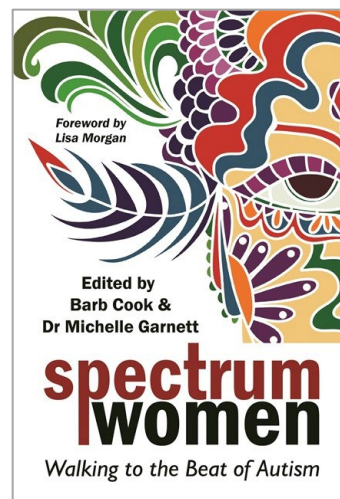
This is the ultimate guide to self-advocacy for autistic people at all stages of life. Covering self-advocacy in specific scenarios, such as work, school and social media.

JESSICA KINGSLEY PUBLISHERS

Authors are from Australia

Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: March 2022
9781787755758

Paperback
176 pages
AUD\$: 40.99



Spectrum Women Walking to the Beat of Autism

By Barb Cook, Michelle
Garnett



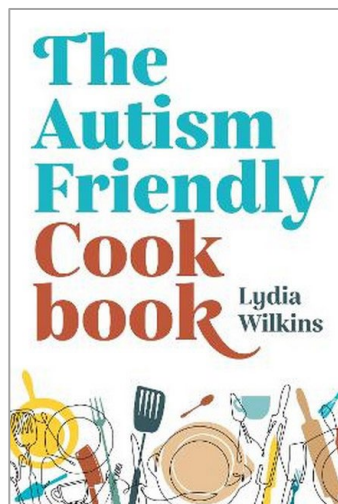
Barb Cook and 14 other autistic women describe life from a female autistic perspective, and present empowering, helpful and supportive insights from their personal experience for fellow autistic women.

JESSICA KINGSLEY PUBLISHERS

Authors are from Australia

Disc: TRADE INTERNATIONAL
228 X 152 mm
Release Date: October 2018
9781785924347

Paperback
336 pages
AUD\$: 45.99



The Autism-Friendly Cookbook

By Lydia Wilkins

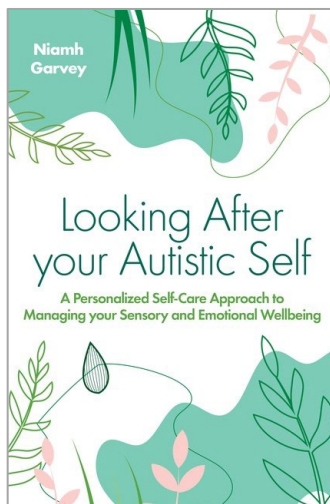


A collection of autism-friendly, jargon-free recipes from the Autistic community, for autistic adults and teens. These recipes make 'the obvious' obvious, and provide adaptations to suit different executive functioning levels.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: January 2023
9781839970825

Paperback
368 pages
B&W THROUGHOUT
AUD\$: 40.99



Looking After your Autistic Self

A Personalized Self-Care Approach to Managing your Sensory and Emotional

By Niamh Garvey

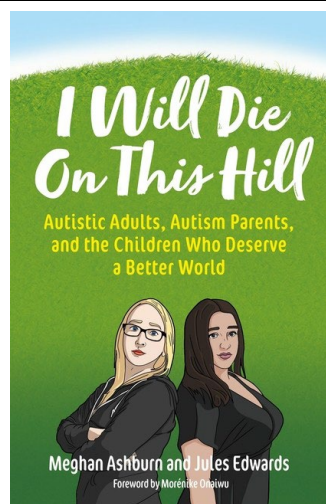


This is the go-to-guide to surviving and thriving as an autistic adult. Featuring customisable, stress-relieving strategies that are easy to implement into busy everyday life to create a calmer, happier you.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: May 2023
9781839975608

Paperback
256 pages
B&W THROUGHOUT
AUD\$: 43.99



I Will Die On This Hill

Autistic Adults, Autism Parents, and the Children Who Deserve a Better World

By Meghan Ashburn, Jules Edwards

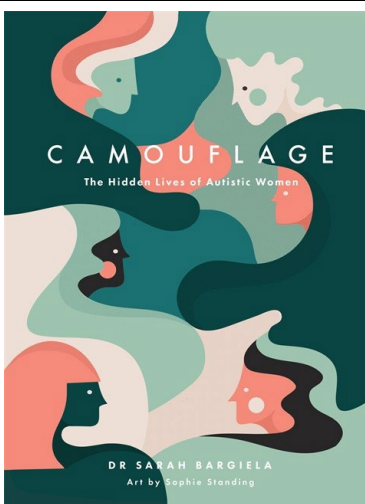


This book bridges the divide between #ActuallyAutistic activists and Autism Parents in the online community. Written by an author team with experience on both sides of the coin.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
216 X 138 mm
Release Date: March 2023
9781839971686

Paperback
256 pages
B&W THROUGHOUT
AUD\$: 40.99



Camouflage

By Sarah Bargiela, Sophie Standing

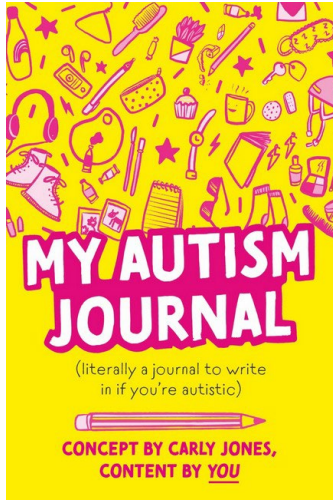


Autism in women and girls is still not widely understood and is often misrepresented or even overlooked. This graphic novel offers an engaging and accessible insight into the lives and minds of autistic women.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
234 X 176 mm
Release Date: May 2019
9781785925665

Hardback
48 pages
AUD\$: 34.99

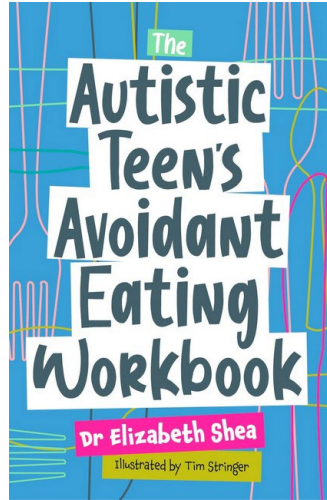
**My Autism Journal****NEW***By Carly Jones*

The first fully illustrated journal, tailored for autistic teenagers to help them express difficult emotions like anxiety, trauma and depression.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: October 2023
9781839974342

Paperback
176 pages
B&W THROUGHOUT
AUD\$: 40.99

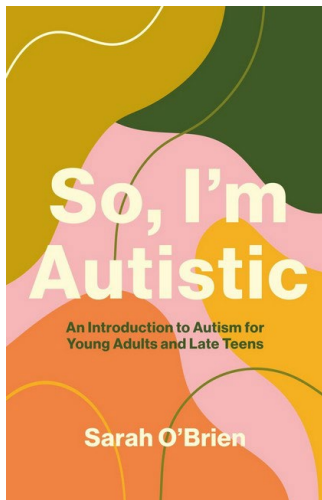
**The Autistic Teen's Avoidant Eating Workbook****NEW***By Elizabeth Shea, Tim Stringer*

An interactive workbook to support autistic teens, and the adults in their lives, with restricted or avoidant eating, written by a clinical psychologist with 20 years' experience in the field.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: September 2023
9781787758599

Paperback
208 pages
B&W THROUGHOUT
AUD\$: 40.99

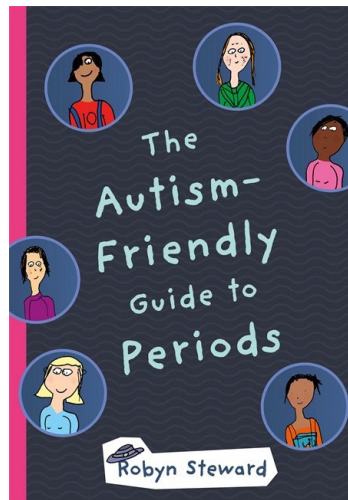
**So, I'm Autistic**
An Introduction to Autism for Young Adults and Late Teens*By Sarah O'Brien*

Autistic advocate Sarah O'Brien helps newly-diagnosed autistic teens and young adults to understand what autism is, remove stigmas and learn how to make the neurotypical world work for them.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
216 X 138 mm
Release Date: July 2023
9781839972263

Paperback
256 pages
AUD\$: 34.99

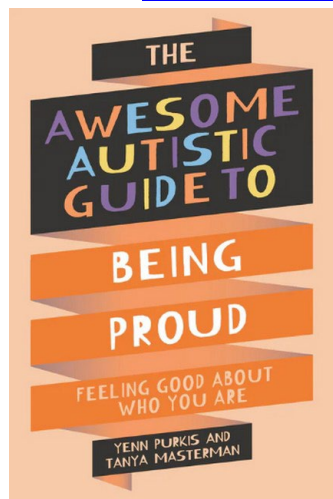
**Autism-Friendly Guide to Periods***By Robyn Steward*

Written by autistic author Robyn Steward, this is a detailed guide for young people aged 9 to 16 on the basics of menstruation. Created in consultation with young people, an online survey and a group of medical professionals.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
248 X 176 mm
Release Date: June 2019
9781785923241

Hardback
96 pages
AUD\$: 34.99



The Awesome Autistic Guide to Being Proud

Feeling Good About Who You Are

NEW**KIDS 8-12YRS**

By Yenn Purkis, Tanya Masterman

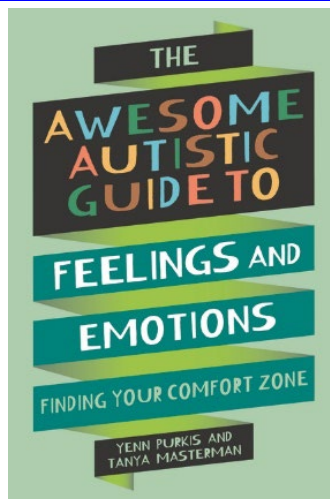


Welcome to the autistic community! We're very glad you're here! Sometimes it can be difficult to feel proud of who you are. Maybe you feel different from other people or struggle to fit in - there is no need to worry!

JESSICA KINGSLEY PUBLISHERS**Authors are from Australia**

Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: May 2024
9781839977367

Paperback
96 pages
B&W THROUGHOUT
AUD\$: 32.99



The Awesome Autistic Guide to Feelings and Emotions

Finding your Comfort Zone

NEW**KIDS 8-12YRS**

By Yenn Purkis, Tanya Masterman

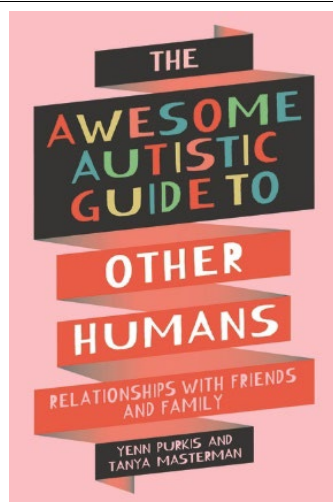


Understanding your feelings and emotions is an incredibly important part of learning to become your most awesome autistic self! Yenn, Tanya and a tiny meerkat called Min are here to help you find out everything you need to know.

JESSICA KINGSLEY PUBLISHERS**Authors are from Australia**

Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: May 2024
9781839977381

Paperback
96 pages
B&W THROUGHOUT
AUD\$: 32.99



The Awesome Autistic Guide to Other Humans

Relationships with Friends and Family

NEW**KIDS 8-12YRS**

By Yenn Purkis, Tanya Masterman

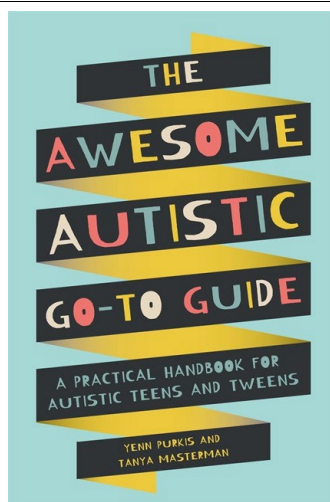


Let's face it, other humans can be difficult to understand sometimes! There is no need to worry! Yenn, Tanya and a tiny meerkat called Min are here to help you find out everything you need to know.

JESSICA KINGSLEY PUBLISHERS**Authors are from Australia**

Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: May 2024
9781839977404

Paperback
96 pages
B&W THROUGHOUT
AUD\$: 32.99



Awesome Autistic Go-To Guide

A Practical Handbook for Autistic Teens and Tweens

KIDS 8-12YRS

By Yenn Purkis, Tanya Masterman

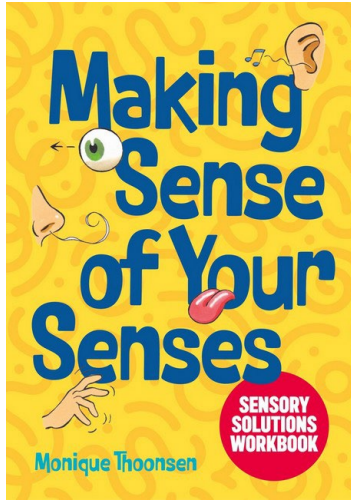


This book explores what it feels like to be a young person on the autism spectrum and looks at all the brilliant things people on the autism spectrum can do. Full of insights about being awesome and autistic.

JESSICA KINGSLEY PUBLISHERS**Author is from Australia**

Disc: TRADE INTERNATIONAL
228 X 152 mm
Release Date: June 2020
9781787753167

Paperback
112 pages
AUD\$: 34.99



Making Sense of Your Senses

Sensory Solutions Workbook

NEW

By Monique Thoosen,
Ruud Bijman



Taste, touch, sight, smell, and sound are the five senses we all know about. But did you know there are three more? And they're very important. This activity filled workbook for 7-12-year-olds teaches kids all about sensory processing.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

246 X 173 mm

Release Date: March 2024

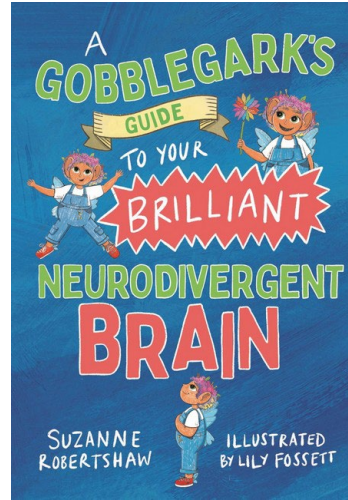
9781839978029

Paperback

128 pages

B&W THROUGHOUT

AUD\$: 41.99



A Gobblegark's Guide to Your Brilliant Neurodivergent Brain

NEW

KIDS 7-12YRS

By Suzanne Robertshaw,
Lily Fossett



Gobblegarks are celebrated for having brains that think so uniquely and differently. Join Jangles the Gobblegark in this adventure guide for neurodivergent kids.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

246 X 173 mm

Release Date: October 2023

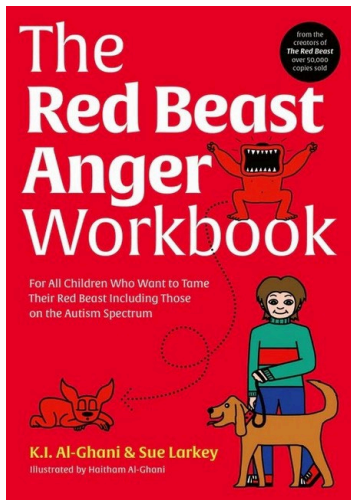
9781839978524

Paperback

128 pages

B&W THROUGHOUT

AUD\$: 45.99



The Red Beast Anger Workbook

KIDS 4-8YRS

By Kay Al-Ghani, Sue Larkey



This practical and interactive resource is full of activities that have been specifically designed to provide coping mechanisms to help children to manage their angry feelings and improve their overall emotional and sensory regulation.

JESSICA KINGSLEY PUBLISHERS

Author is from Australia

Disc: TRADE INTERNATIONAL

246 X 173 mm

Release Date: August 2023

9781839974151

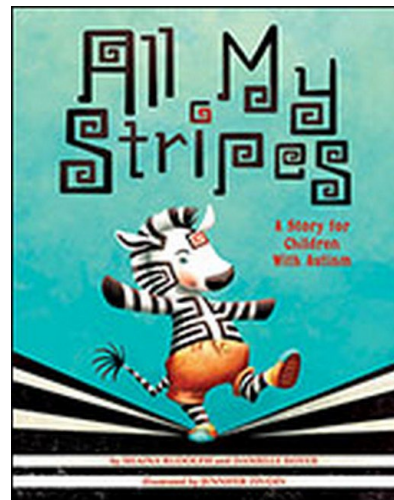
Age: Australia

Paperback

128 pages

B&W THROUGHOUT

AUD\$: 40.99



All My Stripes

A Story for Children With Autism

NEW EDITION

KIDS 4-8YRS

By Shaina Rudolph,
Danielle Royer



Zane the zebra feels different from the rest of his classmates. He worries that all they notice about him is his "autism stripe". With the help of his Mama, Zane comes to appreciate all his stripes.

MAGINATION PRESS

Disc: TRADE INTERNATIONAL

254 X 203 mm

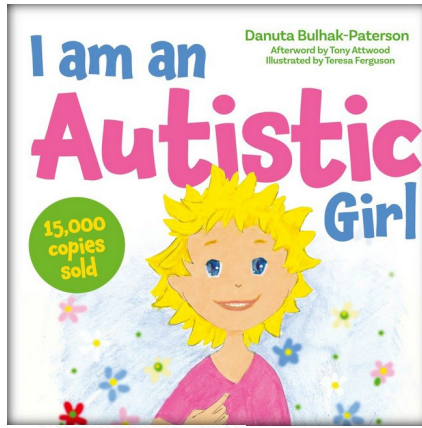
Release Date: July 2015

9781433819162

Hardback

40 pages

AUD\$: 30.99



I am an Autistic Girl

BESTSELLER**KIDS 5-11YRS**

By **Danuta Bulhak-Paterson, Teresa Ferguson**

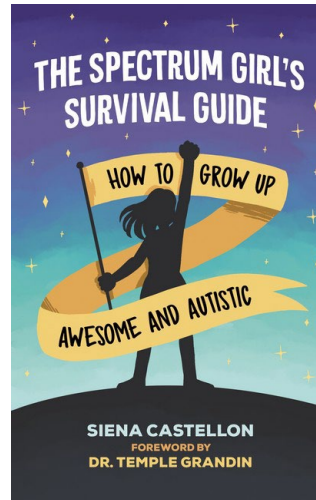


In this book, Lizzie explains what it's like to be an autistic girl, including how she has a special talent for blending in with her friends, how she can get really tired after being at school all day.

JESSICA KINGSLEY PUBLISHERS**Author is from Australia**

Disc: TRADE INTERNATIONAL
210 X 210 mm
Release Date: February 2024
9781805011200

Hardback
32 pages
COLOUR THROUGHOUT
AUD\$: 34.99



Spectrum Girl's Survival Guide

How to Grow Up Awesome and Autistic

By **Siena Castellon**



This essential go-to guide gives you all the advice and tools you'll need to help you flourish and achieve what you want in life.

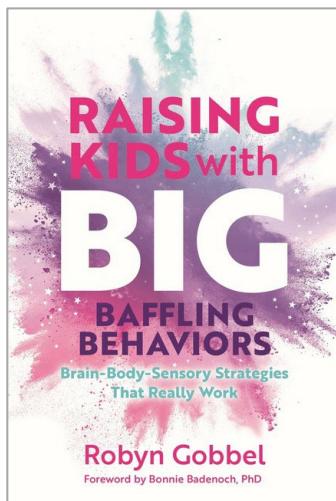
JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
216 X 138 mm
Release Date: May 2020
9781787751835

Paperback
256 pages

AUD\$: 34.99

PARENTING



Raising Kids with Big, Baffling Behaviors

Brain-Body-Sensory Strategies That Really Work

NEW

By **Robyn Gobbel**

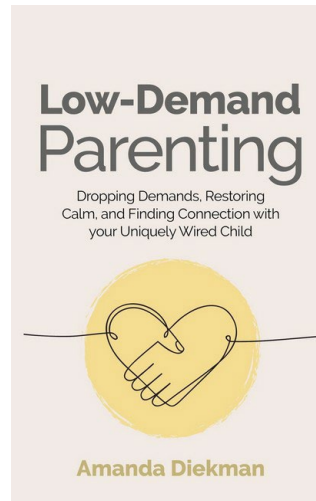


Baffling behaviours can make any parent feel bewildered and drained. Why is my child doing this? Robyn Gobbel and neuroscience are here to help you understand.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: December 2023
9781839974281

Paperback
272 pages
B&W THROUGHOUT
AUD\$: 39.99



Low-Demand Parenting

Dropping Demands, Restoring Calm, and Finding Connection with your Uniquely Wired Child

NEW

By **Amanda Diekman**

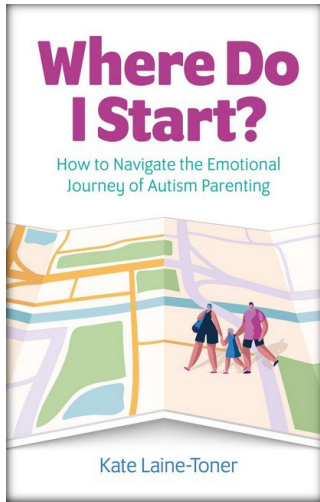


Short, easy-read guide for parents on how to reduce family conflict by dropping unnecessary demands from daily life to help neurodivergent families to thrive.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
216 X 138 mm
Release Date: September 2023
9781839977688

Paperback
160 pages
B&W THROUGHOUT
AUD\$: 34.99



Where Do I Start?

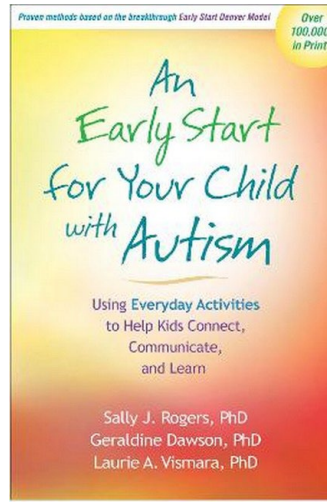
How to Navigate the Emotional Journey of Autism Parenting

NEW*By Kate Laine-Toner*

Written by an author who is both neurodivergent and the parent of an autistic child, this guidebook supports parents and carers as they navigate their child's autism diagnosis.

JESSICA KINGSLEY PUBLISHERS
Disc: TRADE INTERNATIONAL
216 X 140 mm
Release Date: October 2023
9781839975523

Paperback
224 pages
B&W THROUGHOUT
AUD\$: 40.99



An Early Start for Your Child with Autism

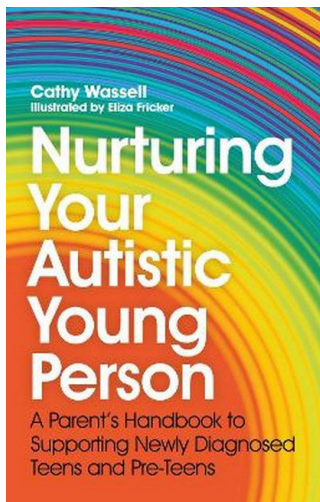
Using Everyday Activities to Help Kids Connect, Communicate, and Learn

By Sally J. Rogers, Geraldine Dawson

Cutting-edge research reveals that parents can play a huge role in helping toddlers and preschoolers with autism spectrum disorder (ASD) connect with others and live up to their potential.

GUILFORD PUBLICATIONS
Disc: TRADE INTERNATIONAL
254 X 178 mm
Release Date: August 2012
9781609184704

Paperback
342 pages
AUD\$: 43.99



Nurturing Your Autistic Young Person

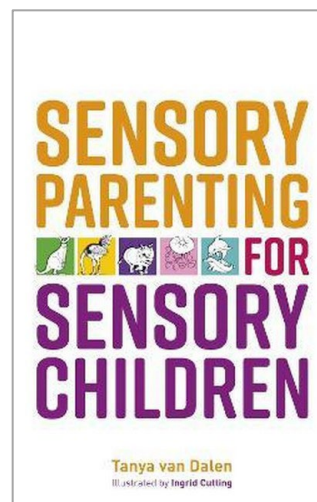
A Parent's Handbook to Supporting Newly Diagnosed Teens and Pre-Teens

By Cathy Wassell, Eliza Fricker

An introductory guide for parents of older children and younger teenagers who may be autistic or have been recently diagnosed. Learn how to understand and advocate for your child, and create an environment in which they can thrive.

JESSICA KINGSLEY PUBLISHERS
Disc: TRADE INTERNATIONAL
216 X 138 mm
Release Date: January 2023
9781839971112

Paperback
288 pages
AUD\$: 40.99



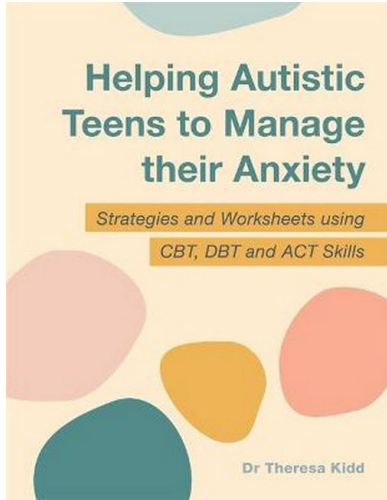
Sensory Parenting for Sensory Children

By Tanya Van Dalen

A reflective guide for parenting a child with sensory needs, with guidance on navigating sensory meltdowns, managing your own emotions, and responding empathetically to your child.

JESSICA KINGSLEY PUBLISHERS
Disc: TRADE INTERNATIONAL
215 X 138 mm
Release Date: June 2023
9781839972546

Paperback
192 pages
NOT ILLUSTRATED
AUD\$: 34.99



Helping Autistic Teens to Manage their Anxiety

By Dr. Theresa Kidd



An accessible activity book for professionals and parents helping children on the autistic spectrum with their anxiety. Contains a wide-range of useful and effective worksheets as well as advice for treatment modification.

JESSICA KINGSLEY PUBLISHERS

Author is from Australia

Disc: TRADE INTERNATIONAL

279 X 216 mm

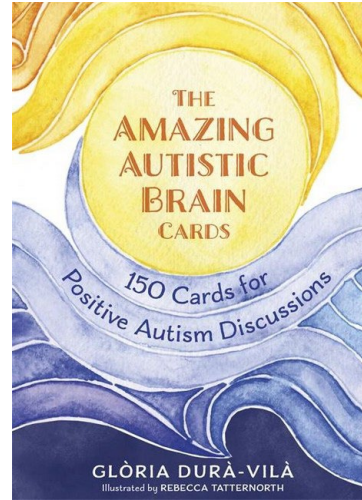
Release Date: April 2022

9781787754508

Paperback

240 pages

AUD\$: 53.99



The Amazing Autistic Brain Cards

150 Cards for Positive Autism Discussions

By Gloria Dura-Vila, Rebecca Tatternorth



A set of cards to help children and teens recently diagnosed with autism to characterise and understand their diagnosis in a positive light.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

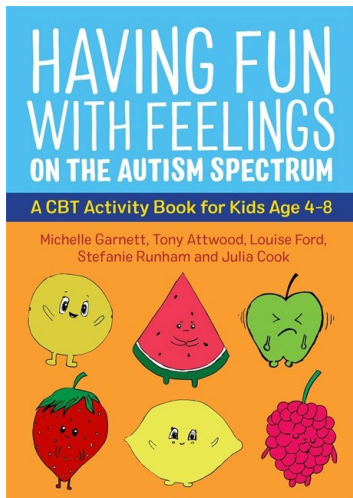
75 X 105 mm

Release Date: September 2021

9781787754300

Cards

AUD\$: 61.99



Having Fun with Feelings on the Autism Spectrum

By Michelle Garnett, Tony Attwood



This activity book is a helpful and creative tool for children aged 4-8 to learn and understand their emotions to help reduce anxiety.

JESSICA KINGSLEY PUBLISHERS

Authors are from Australia

Disc: TRADE INTERNATIONAL

150 X 150 mm

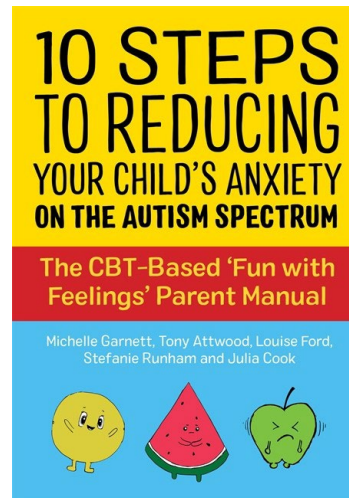
Release Date: July 2020

9781787753273

Paperback

96 pages

AUD\$: 26.99



10 Steps to Reducing Your Child's Anxiety on the Autism Spectrum

By Michelle Garnett, Tony Attwood



Recognising, expressing, and understanding emotions helps young children make sense of their life experiences. Children diagnosed with autism can have significant difficulties with processing emotions.

JESSICA KINGSLEY PUBLISHERS

Authors are from Australia

Disc: TRADE INTERNATIONAL

150 X 150 mm

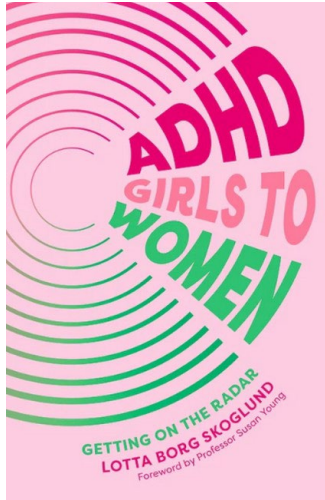
Release Date: July 2020

9781787753259

Paperback

256 pages

AUD\$: 40.99



ADHD Girls to Women

NEW

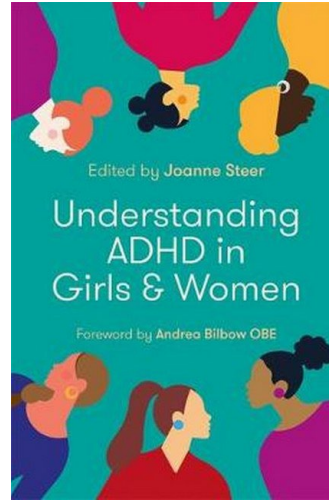
By Lotta Borg Skoglund



A research-informed look at the unique challenges of girls and women with ADHD, from an international ADHD expert, drawing on the lived experiences of ADHD women and girls to provide tips and strategies.

JESSICA KINGSLEY PUBLISHERS
Disc: TRADE INTERNATIONAL
216 X 138 mm
Release Date: February 2024
9781805010548

Paperback
224 pages
B&W THROUGHOUT
AUD\$: 34.99



Understanding ADHD in Girls and Women

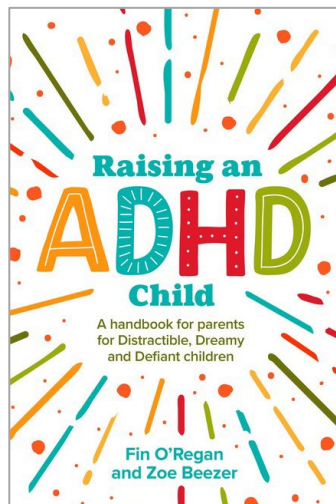
By Joanne Steer, Andrea Bilbow



This book offers honest and clear professional insights into what it really means to have ADHD and provides information about where to go and what to expect.

JESSICA KINGSLEY PUBLISHERS
Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: June 2021
9781787754003

Paperback
360 pages
B&W THROUGHOUT
AUD\$: 53.99



Raising an ADHD Child

A handbook for parents for Distractible, Dreamy and Defiant children

NEW

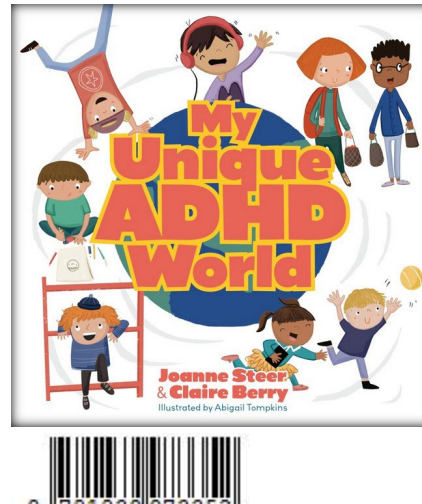
By Fintan O'Regan



A practical guide to parenting children with ADHD, written by two experienced former teachers in the field of ADHD and Neurodiversity, Zoe Beezer and Fintan O'Regan.

JESSICA KINGSLEY PUBLISHERS
Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: September 2023
9781839970214

Paperback
160 pages
AUD\$: 40.99



My Unique ADHD World

KIDS 5-9YRS

NEW

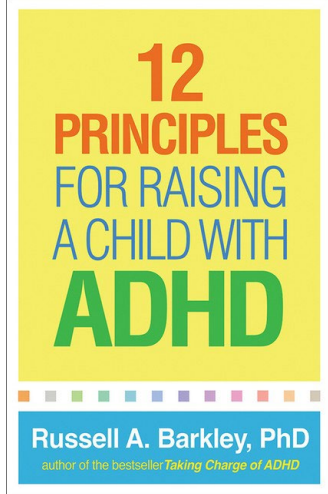
By Joanne Steer, Claire Berry



I am great at thinking quickly! I have a great sense of humour! What are you really great at? I have trouble finishing my homework... I get distracted easily... Do similar things happen to you? Learn more about ADHD.

JESSICA KINGSLEY PUBLISHERS
Disc: TRADE INTERNATIONAL
216 X 213 mm
Release Date: August 2023
9781839973352

Hardback
32 pages
AUD\$: 29.99



12 Principles for Raising a Child with ADHD

By *Russell A. Barkley*



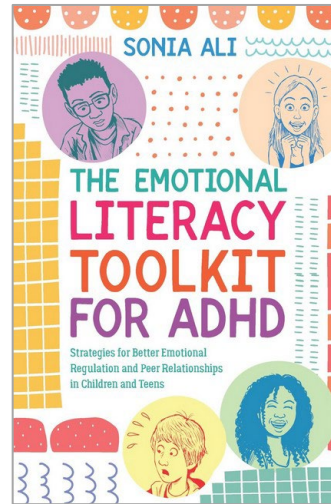
From his decades of research and work with thousands of families, leading authority Russell A. Barkley knows how overwhelming the everyday challenges of ADHD can be.

GUILFORD PUBLICATIONS

Disc: TRADE INTERNATIONAL
100 X 100 mm
Release Date: January 2021
9781462542550

Paperback
205 pages

AUD\$: 46.99



The Emotional Literacy Toolkit for ADHD

NEW

By *Sonia Ali*

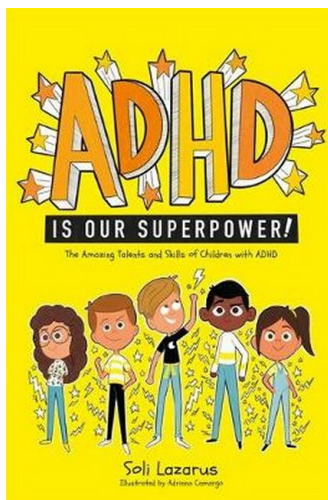


This is the go-to-guide for educators and carers who want to support a child or teen with emotional regulation, conflict resolution and the development of emotional literacy.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: February 2024
9781839974267

Paperback
144 pages
B&W THROUGHOUT
AUD\$: 40.99



ADHD Is Our Superpower The Amazing Talents and Skills of Children with ADHD

By *Soli Lazarus, Adriana Camargo*

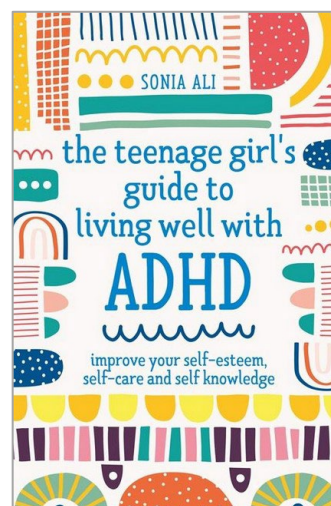


An illustrated book to help children to understand their ADHD diagnosis in a positive light. Each character in the book focuses on a specific symptom of ADHD such as hyper-focus, sensory overwhelm and more.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: August 2021
9781787757301

Paperback
64 pages
COLOUR SECTION(S)
AUD\$: 26.99



The Teenage Girl's Guide to Living Well with ADHD Improve Your Self-Esteem, Self-Care and Self Knowledge

By *Sonia Ali*

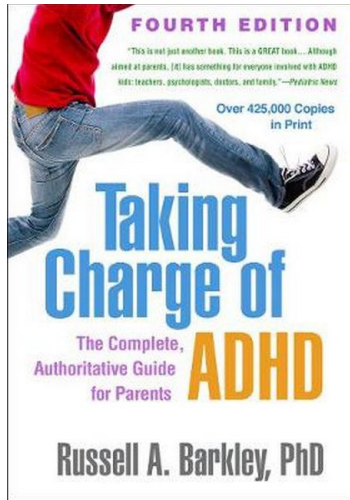


This positive, self-affirming guide will increase your knowledge about ADHD and empower you in your daily life. The chapters are full of tips, tricks and life hacks so you can better manage your time.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: March 2022
9781787757684

Paperback
160 pages
B&W THROUGHOUT
AUD\$: 34.99



Taking Charge of ADHD 4/e

The Complete, Authoritative Guide for Parents

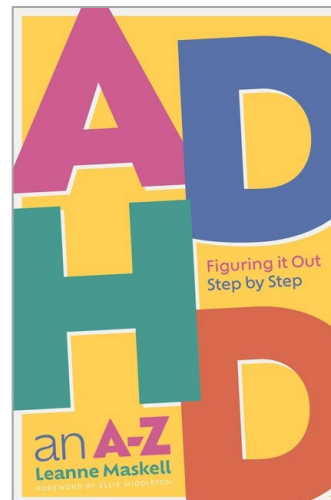
By Russell A. Barkley



The leading parent resource about attention-deficit/hyperactivity disorder (ADHD) and its treatment has now been revised and updated with the latest information and resources.

GUILFORD PUBLICATIONS
Disc: TRADE INTERNATIONAL
150 X 150 mm
Release Date: August 2020
9781462542673

Paperback
381 pages
AUD\$: 57.99



ADHD an A-Z

Figuring it Out Step by Step

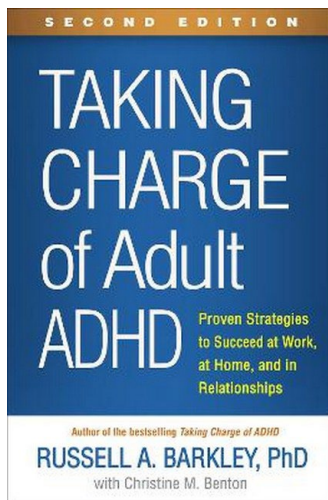
By Leanne Maskell



This ADHD guide gives strategic advice on how to deal with issues young adults with ADHD may face, including: budgeting plans for impulsive spending, advice on rejection sensitive dysphoria and more.

JESSICA KINGSLEY PUBLISHERS
Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: March 2023
9781839973857

Paperback
304 pages
AUD\$: 34.99



Taking Charge of Adult ADHD 2/e

Proven Strategies to Succeed at Work, at Home, and in Relationships

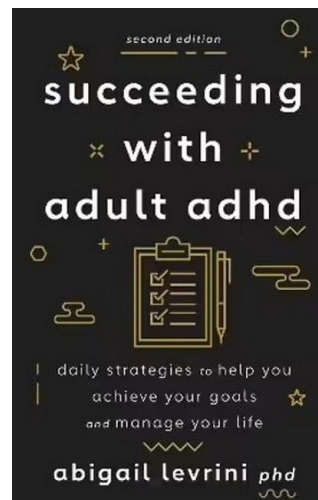
By Russell A. Barkley, Christine M. Benton



Many tens of thousands of readers have found needed information and support in this authoritative guide, now in a revised and updated second edition.

GUILFORD PUBLICATIONS
Disc: TRADE INTERNATIONAL
254 X 178 mm
Release Date: February 2022
9781462546855

Paperback
316 pages
AUD\$: 51.99



Succeeding with Adult ADHD

Daily Strategies to Help You Achieve Your Goals and Manage Your Life

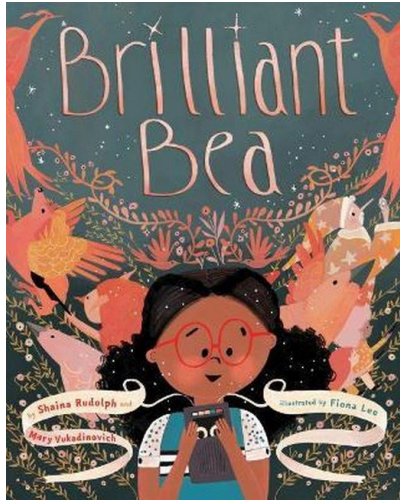
By Abigail L. Levrini



This expanded and updated new edition of psychologist Levrini's bestselling book offers realistic, proven strategies to help adults with ADHD lead more fulfilling and productive lives.

APA LIFETOOLS
Disc: TRADE INTERNATIONAL
203 X 127 mm
Release Date: March 2023
9781433838743

Paperback
296 pages
NOT ILLUSTRATED
AUD\$: 40.99



Brilliant Bea

By Shaina Rudolph,
Mary Vukadinovich



An empowering story that demonstrates that a learning difference like dyslexia doesn't define who you are. Despite her struggles with reading and writing, Beatrice is a brilliant storyteller.

MAGINATION PRESS

Disc: TRADE INTERNATIONAL

254 X 203 mm

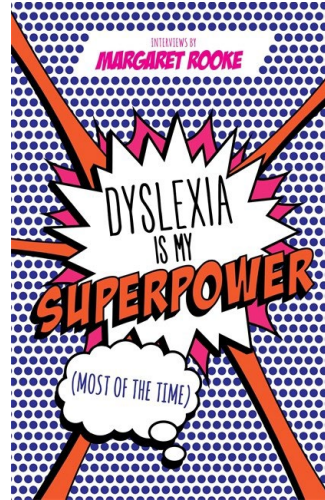
Release Date: March 2022

9781433837418

Hardback

32 pages

AUD\$: 34.99



Dyslexia is My Superpower (Most of the Time)

By Margaret Rooke, Catherine
Drennan



In more than 100 interviews, children and young adults reveal their personal tips and tactics for honing the creative benefits of dyslexia, enabling them to thrive in school and beyond.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

215 X 140 mm

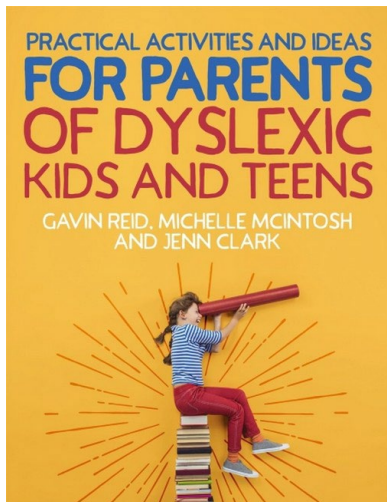
Release Date: December 2017

9781785922992

Paperback

240 pages

AUD\$: 37.99



Practical Activities and Ideas for Parents of Dyslexic Kids and Teens

By Gavin Reid, Michelle
McIntosh



Over 70 tried and tested accessible activities and games for parents to use with dyslexic children and teens to boost their fundamental educational skills including reading, writing, spelling and executive functioning.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

279 X 216 mm

Release Date: May 2022

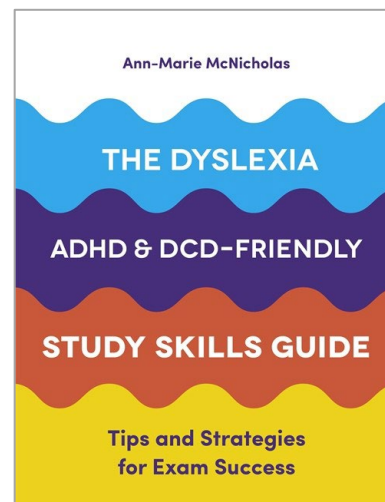
9781787757615

Paperback

192 pages

B&W THROUGHOUT

AUD\$: 45.99



Dyslexia, ADHD, and DCD-Friendly Study Skills Guide

By Ann-Marie
McNicholas



This practical skills guide helps young people with who learn differently including those with dyslexia, DCD/dyspraxia and ADHD, study for their exams.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

244 X 172 mm

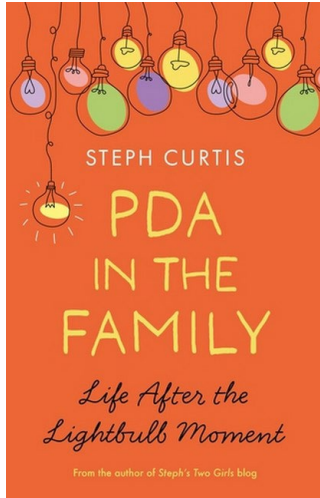
Release Date: March 2020

9781787751774

Paperback

144 pages

AUD\$: 40.99



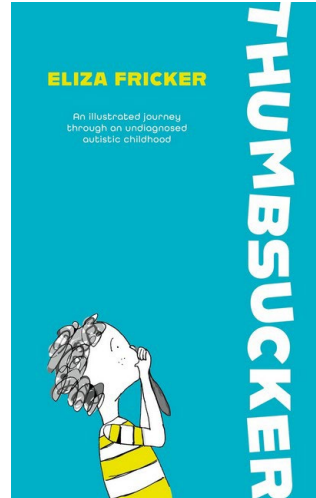
PDA in the Family Life After the Lightbulb Moment

NEW*By Steph Curtis*

In this honest and open account of life with her PDA daughter, Sasha, Steph Curtis reveals the everyday struggles and explores the milestones of raising a child diagnosed with Pathological Demand Avoidance.

JESSICA KINGSLEY PUBLISHERS
Disc: TRADE INTERNATIONAL
216 X 138 mm
Release Date: April 2024
9781839971891

Paperback
256 pages
B&W THROUGHOUT
AUD\$: 36.99



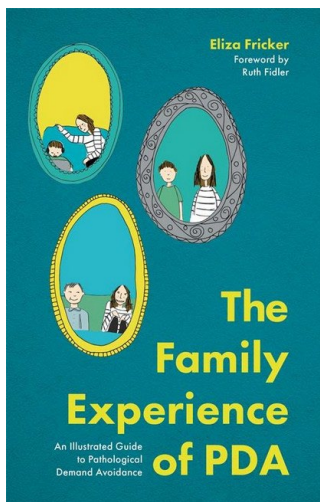
Thumbsucker

NEW*By Eliza Fricker*

From the Sunday Times bestselling author, Eliza Fricker, comes an illustrated graphic novel that explores her neurodivergent childhood.

JESSICA KINGSLEY PUBLISHERS
Disc: TRADE INTERNATIONAL
216 X 138 mm
Release Date: January 2024
9781839978548

Paperback
128 pages
B&W THROUGHOUT
AUD\$: 37.99



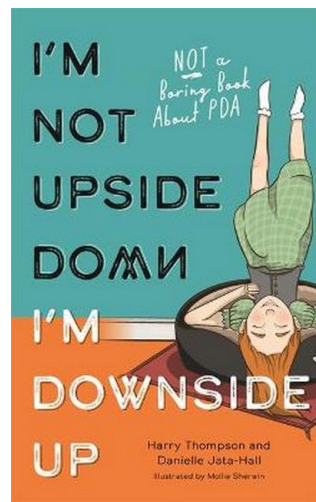
The Family Experience of PDA An Illustrated Guide to Pathological Demand Avoidance

BESTSELLER*By Eliza Fricker*

This book is an essential read for any parent with a PDA child, to help better understand your child, build support systems and carve out some essential self-care time guilt free.

JESSICA KINGSLEY PUBLISHERS
Disc: TRADE INTERNATIONAL
150 X 150 mm
Release Date: January 2022
9781787756779

Paperback
AUD\$: 34.99



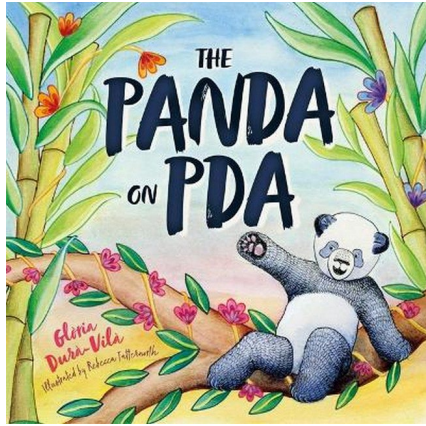
I'm Not Upside Down, I'm Downside Up Not a Boring Book About PDA

*By Danielle Jata-Hall, Harry
Thompson*

Welcome to my downside up life! My name is Ariana and I want to explain what it's like to have pathological demand avoidance from my perspective.

JESSICA KINGSLEY PUBLISHERS
Disc: TRADE INTERNATIONAL
216 X 138 mm
Release Date: May 2022
9781839971174

Paperback
64 pages
B&W THROUGHOUT
AUD\$: 26.99



The Panda on PDA

KIDS 3-7YRS

By Gloria Dura-Vila,
Rebecca Tatternorth

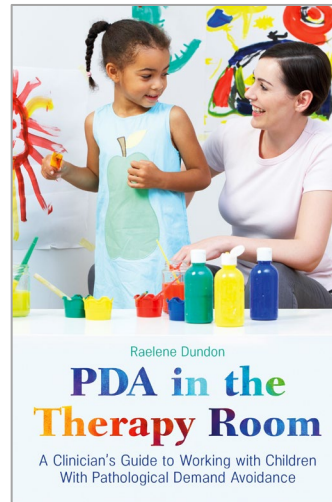


A positive and gentle introduction to PDA for children aged 3+. Panda describes the strengths and challenges of PDA, explaining how he finds it very hard to do what others ask him to do, but can thrive and live a playful, happy life.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
216 X 213 mm
Release Date: September 2022
9781839970061

Hardback
40 pages
COLOUR SECTION(S)
AUD\$: 32.99



PDA in the Therapy Room

By Raelene Dundon



Pathological Demand Avoidance (PDA) presents a unique challenge for professionals, whereby conventional therapy methods are often perceived as demands and met with opposition where they normally would have proven effective.

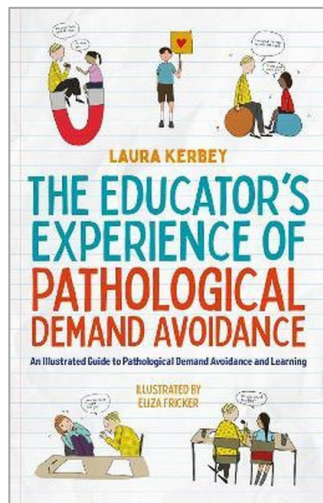
JESSICA KINGSLEY PUBLISHERS

Author is from Australia

Disc: ACAD & PROFESSIONAL
229 X 152 mm
Release Date: April 2021
9781787753471

Paperback
176 pages

AUD\$: 38.99



The Educator's Experience of Pathological Demand Avoidance

By Eliza Fricker, Laura Kerbey

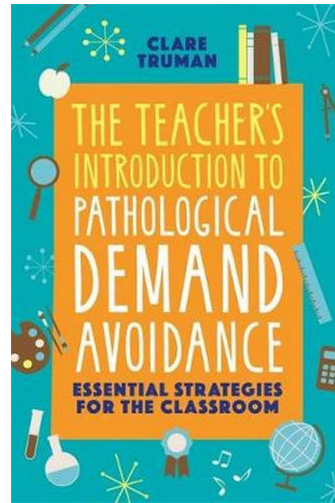


Written by PDA and autism expert, Laura Kerbey and illustrated by the popular Eliza Fricker, this short guide gives you everything you need to understand PDA and how to make your teaching style and learning environment PDA friendly.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
216 X 138 mm
Release Date: May 2023
9781839976964

Paperback
128 pages
B&W THROUGHOUT
AUD\$: 37.99



The Teacher's Introduction to Pathological Demand Avoidance

Essential Strategies for the Classroom

By Clare Truman



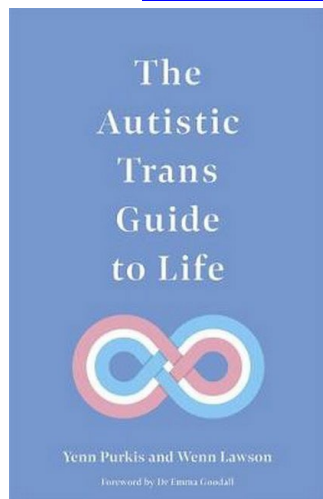
This essential guide for working with PDA pupils outlines effective and practical ways that teachers and school staff can support these pupils, by endorsing a child-led approach to learning and assessment.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: October 2021
9781787754874

Paperback
176 pages

AUD\$: 40.99



The Autistic Trans Guide to Life

By Yenn Purkis, Wenn B. Lawson



A guide for navigating life as an autistic trans and/or non-binary adult, presenting evidence-based, lived experience strategies for living well as your most authentic self.

JESSICA KINGSLEY PUBLISHERS

Authors are from Australia

Disc: TRADE INTERNATIONAL

216 X 138 mm

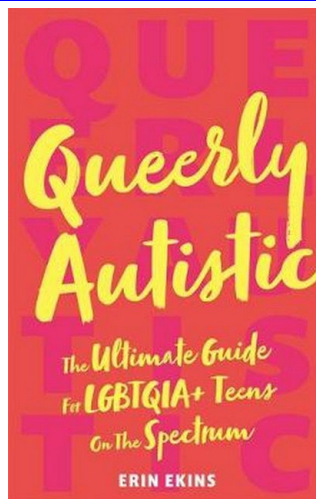
Release Date: May 2021

9781787753914

Paperback

208 pages

AUD\$: 40.99



Queerly Autistic The Ultimate Guide for LGBTQIA+ Teens on the Spectrum

By Erin Ekins



An inspiring survival guide for autistic LGBTQIA+ teens, sharing experience and advice on coming out, consent, staying safe in relationships, communicating with family members, finding a community and practicing self-care.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

216 X 138 mm

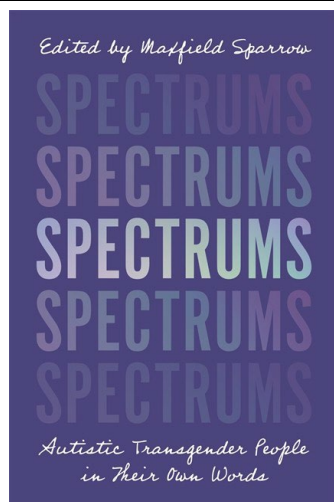
Release Date: June 2021

9781787751712

Paperback

240 pages

AUD\$: 34.99



Spectrums Autistic Transgender People in Their Own Words

By Maxfield Sparrow



Solely written by trans people on the spectrum, this collection of personal stories foregrounds their own voices and experiences on a range of issues, such as coming out, access to healthcare, employment and more.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL

100 X 100 mm

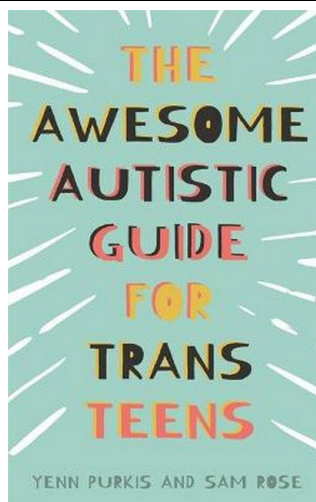
Release Date: January 2021

9781787750142

Paperback

240 pages

AUD\$: 40.99



The Awesome Autistic Guide for Trans Teens

By Yenn Purkis, Sam Rose



In this empowering guide, Yenn Purkis and Sam Rose set out honest advice and strategies to help autistic trans and/or gender divergent teens to thrive exactly as they are.

JESSICA KINGSLEY PUBLISHERS

Authors are from Australia

Disc: TRADE INTERNATIONAL

216 X 138 mm

Release Date: August 2022

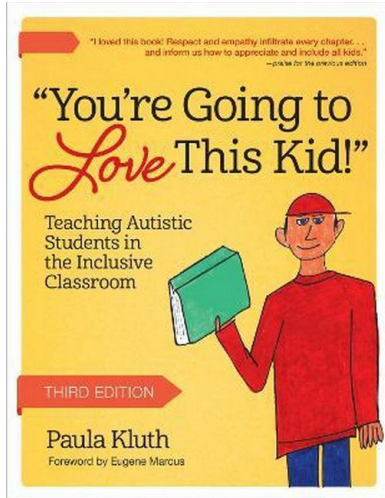
9781839970764

Paperback

112 pages

B&W THROUGHOUT

AUD\$: 34.99



You're Going to Love This Kid! 3/e
Teaching Autistic Students in the Inclusive Classroom

NEW EDITION

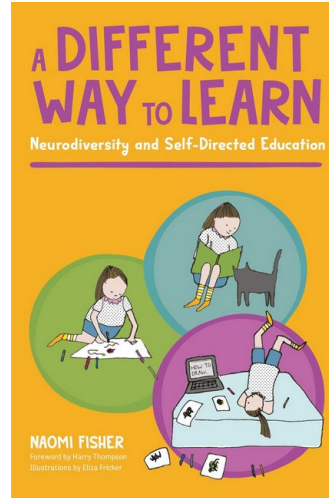
By Paula Kluth, Eugene Marcus



One of the most popular, practical, and trusted books on inclusive education, this bestselling guide is now in a fully updated third edition-perfect for K-12 educators teaching the growing number of students on the autism spectrum.

BROOKES PUBLISHING CO
Disc: ACAD & PROFESSIONAL
279 X 216 mm
Release Date: August 2023
9781681257174

Paperback
368 pages
AUD\$: 102.00



A Different Way to Learn
Neurodiversity and Self-Directed Education

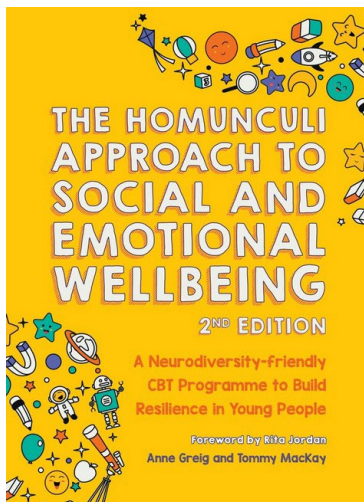
By Naomi Fisher



The first book on self-directed learning for neurodivergent children by author and clinical psychologist Naomi Fisher and illustrated by Eliza Fricker.

JESSICA KINGSLEY PUBLISHERS
Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: July 2023
9781839973635

Paperback
224 pages
B&W THROUGHOUT
AUD\$: 40.99



The Homunculi Approach To Social And Emotional Wellbeing 2/e

NEW

By Anne Greig, Tommy MacKay



The second edition of The Homunculi Approach brings the beloved world of the homunculi to the classroom. This fun CBT-based activity helps children and young people ages 7-16-years build emotional and social resilience.

JESSICA KINGSLEY PUBLISHERS
Disc: TRADE INTERNATIONAL
297 X 210 mm
Release Date: October 2023
9781839973949

Paperback
160 pages
B&W THROUGHOUT
AUD\$: 77.99



Can't Not Won't
A Story About A Child Who Couldn't Go To School

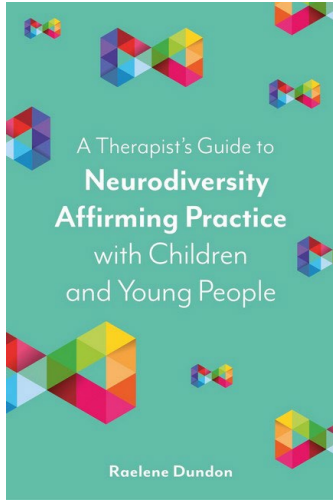
By Eliza Fricker, Sue Moon



Eliza Fricker gets it. Deceptively simple, endearing, humorous and emotional illustrations following a family managing the early stages of school avoidance are designed to help parents feel seen.

JESSICA KINGSLEY PUBLISHERS
Disc: TRADE INTERNATIONAL
210 X 140 mm
Release Date: March 2023
9781839975202

Paperback
160 pages
NOT ILLUSTRATED
AUD\$: 34.99



A Therapist's Guide to Neurodiversity Affirming Practice with Children and Young People

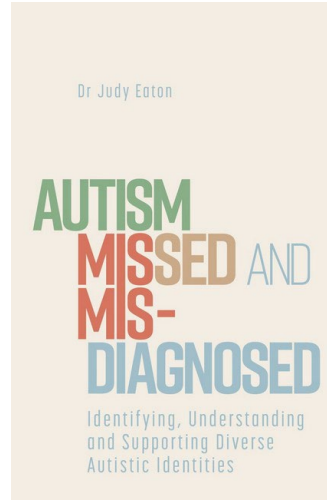
NEW*By Raelene Dundon*

Explore how you can become a neurodiversity affirming clinician. With advice on presuming competence, self-advocacy and reframing behaviours, this book offers everything you need.

JESSICA KINGSLEY PUBLISHERS**Author is from Australia**

Disc: ACAD & PROFESSIONAL
229 X 152 mm
Release Date: October 2023
9781839975851

Paperback
208 pages
B&W THROUGHOUT
AUD\$: 51.99



Autism Missed and Misdiagnosed Identifying, Understanding and Supporting Diverse Autistic Identities

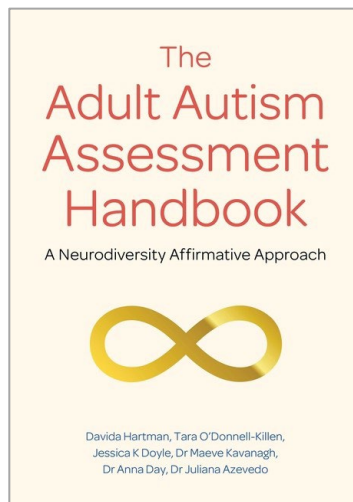
NEW*By Judy Eaton*

A professionals' guide to understanding and better identifying diverse autistic presentations, with chapters covering autistic diagnosis in BAME communities, misdiagnosis and the criminal justice system.

JESSICA KINGSLEY PUBLISHERS

Disc: ACAD & PROFESSIONAL
229 X 152 mm
Release Date: October 2023
9781839974601

Paperback
224 pages
B&W THROUGHOUT
AUD\$: 51.99



The Adult Autism Assessment Handbook A Neurodiversity Affirmative Approach

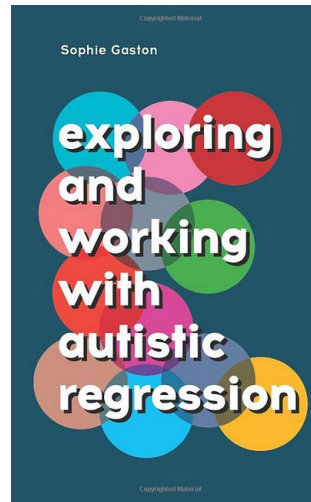
By Davida Hartman, Maeve Kavanagh

This comprehensive and easily digestible guide is an ideal reference for psychologists, psychiatrists and allied professionals working in the field of adult autism assessment.

JESSICA KINGSLEY PUBLISHERS

Disc: ACAD & PROFESSIONAL
245 X 170 mm
Release Date: March 2023
9781839971662

Paperback
320 pages
NOT ILLUSTRATED
AUD\$: 67.99



Exploring and Working With Autistic Regression

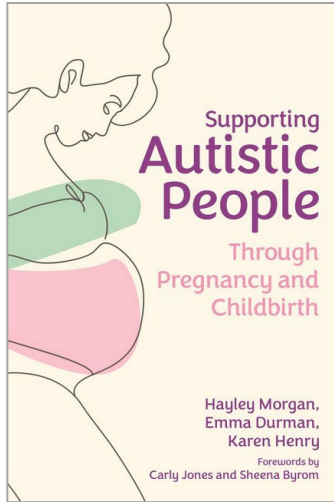
NEW*By Sophie Gaston*

Sophie Gaston's offers the first honest and poignant depiction of autistic regression and provides invaluable advice on understanding and identifying the symptoms and how to find acceptance and happiness following diagnosis.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
216 X 138 mm
Release Date: September 2023
9781839974373

Paperback
176 pages
B&W THROUGHOUT
AUD\$: 40.99



Supporting Autistic People Through Pregnancy and Childbirth

NEW

By Hayley Morgan, Emma Durman

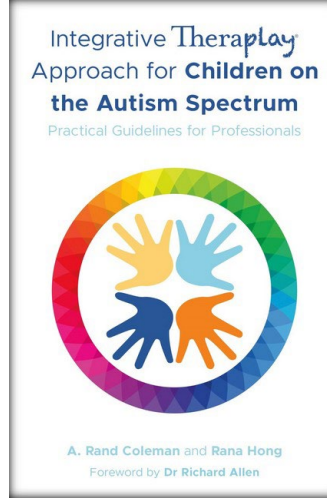


This comprehensive guide helps all birthing and healthcare professionals vastly improve their care and knowledge of autistic pregnant people.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: April 2024
9781839971051

Paperback
256 pages
B&W THROUGHOUT
AUD\$: 70.99



Integrative Theraplay® Approach for Children on the Autism Spectrum

NEW

By Rana Hong, A. Rand Coleman

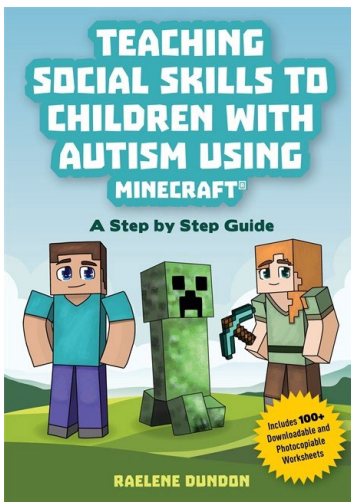


An essential guide for Theraplay (R) practitioners and care professionals, this book explores the benefits of play when helping children on the autism spectrum to develop communication and emotional skills.

JESSICA KINGSLEY PUBLISHERS

Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: October 2023
9781787750685

Paperback
208 pages
AUD\$: 53.99



Teaching Social Skills to Children with Autism Using Minecraft®

By Raelene Dundon, Chloe-Amber Scott



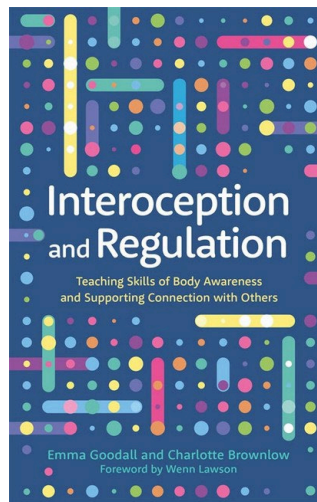
This comprehensive and accessible guide contains everything that needs to be known in order to set up and run a Minecraft® Social Group for children with autism spectrum disorders.

JESSICA KINGSLEY PUBLISHERS

Author is from Australia

Disc: ACAD & PROFESSIONAL
296 X 201 mm
Release Date: April 2019
9781785924613

Paperback
224 pages
AUD\$: 56.99



Interoception and Regulation Teaching Skills of Body Awareness and Supporting Connection with Others

By Emma Goodall, Charlotte Brownlow



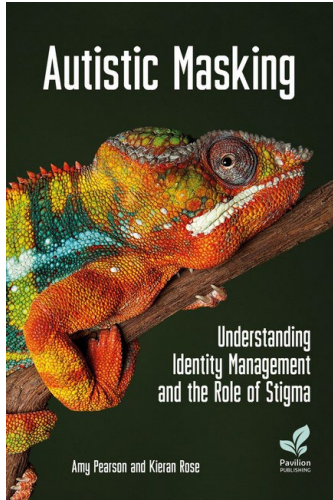
There are some things that many of us take for granted - such as knowing when we are hot or cold, feel hungry, or need to go to the toilet. But how do we know these things, and why do some people struggle to recognise them?

JESSICA KINGSLEY PUBLISHERS

Authors are from Australia

Disc: TRADE INTERNATIONAL
216 X 138 mm
Release Date: March 2022
9781787757288

Paperback
144 pages
AUD\$: 37.99



Autistic Masking

Understanding Identity management and the role of stigma

NEW

By Amy Pearson, Kieran Rose

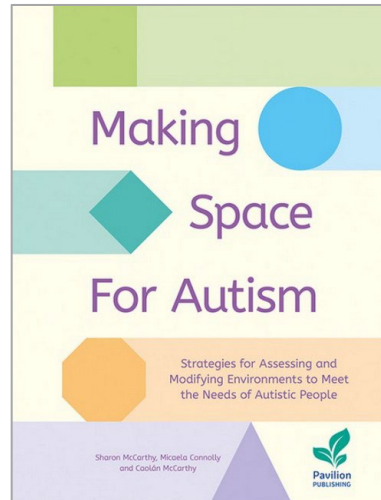


Masking is a form of identity management involving consciously or unconsciously suppressing aspects of identity and action.

PAVILION PUBLISHING & MEDIA

Disc: ACAD & PROFESSIONAL
234 X 156 mm
Release Date: October 2023
9781803882116

Paperback
224 pages
NOT ILLUSTRATED
AUD\$: 85.99



Making Space for Autism

NEW

By Sharon McCarthy, Micaela Connolly

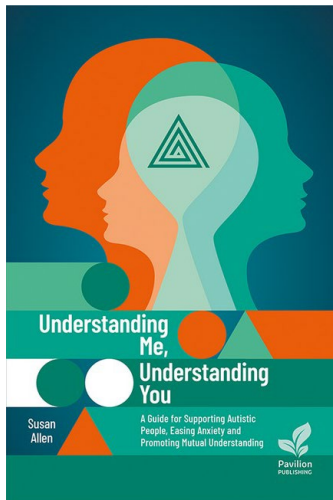


Historically, there has been an expectation that autistic children and adults should conform their behaviour to social norms, with strategies and interventions centred around navigating spaces and situations with minimal damage.

PAVILION PUBLISHING & MEDIA

Disc: ACAD & PROFESSIONAL
300 X 230 mm
Release Date: October 2023
9781803882420

Spiral bound
166 pages
NOT ILLUSTRATED
AUD\$: 143.00



Understanding Me, Understanding You

NEW

By Susan Allen

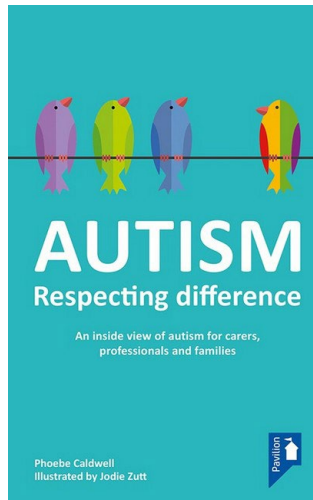


Good communication is central to all relationships, yet the unpredictability of interpersonal exchanges can cause significant anxiety for autistic people and create a barrier to successful communication.

PAVILION PUBLISHING & MEDIA

Disc: ACAD & PROFESSIONAL
234 X 156 mm
Release Date: October 2023
9781803882666

Paperback
176 pages
NOT ILLUSTRATED
AUD\$: 71.99



Autism Respecting Difference

By Phoebe Cladwell, Jodie Zutt

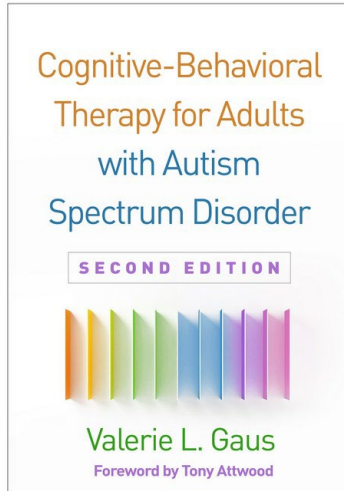


Autism: Respecting Difference is a concise, straightforward introduction to the sensory and emotional experiences of autism, designed to help support staff, professionals, and families better understand and engage with autistic people.

PAVILION PUBLISHING & MEDIA

Disc: ACAD & PROFESSIONAL
216 X 140 mm
Release Date: January 2023
9781803881577

Paperback
82 pages
NOT ILLUSTRATED
AUD\$: 29.99



Cognitive-Behavioral Therapy for Adults with Autism Spectrum Disorder 2/e

By Valerie L. Gaus



Now revised and expanded, this is the leading resource for psychotherapists working with adults who have autism spectrum disorder (ASD) without significant cognitive and language impairments (also known as Asperger syndrome).

GUILFORD PUBLICATIONS

Disc: TEXT

254 X 178 mm

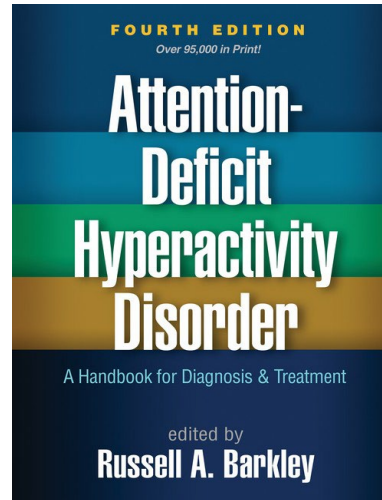
Release Date: February 2019

9781462537686

Hardback

312 pages

AUD\$: 83.99



Attention-Deficit Hyperactivity Disorder 4/e A Handbook for Diagnosis and Treatment

By Russell A. Barkley



Widely regarded as the standard clinical reference, this volume provides the best current knowledge about attention-deficit/hyperactivity disorder (ADHD) in children, adolescents, and adults.

GUILFORD PUBLICATIONS

Disc: ACAD & PROFESSIONAL

235 X 187 mm

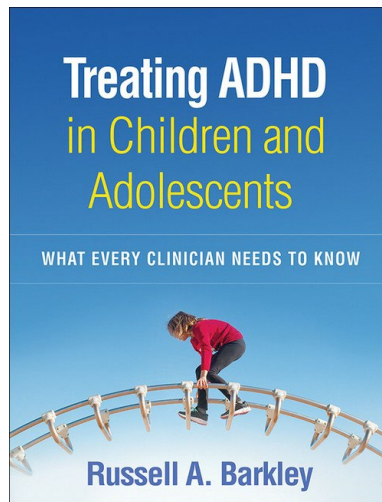
Release Date: December 2018

9781462538874

Paperback

898 pages

AUD\$: 141.00



Treating ADHD in Children and Adolescents What Every Clinician Needs to Know

By Russell A. Barkley



From foremost authority Russell A. Barkley, this book presents essential principles and practices for managing attention-deficit/hyperactivity disorder (ADHD) in children and teens.

GUILFORD PUBLICATIONS

Disc: ACAD & PROFESSIONAL

265 X 200 mm

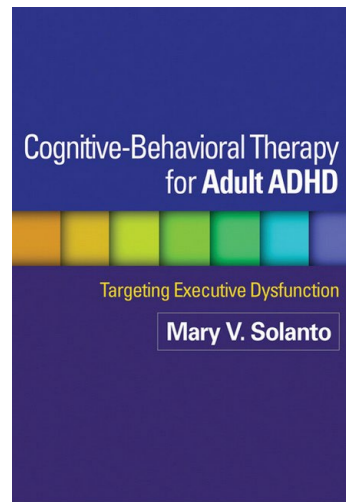
Release Date: September 2022

9781462545148

Paperback

364 pages

AUD\$: 97.99



Cognitive-Behavioral Therapy for Adult ADHD Targeting Executive Dysfunction

By Mary V. Solanto



This highly practical book provides evidence-based strategies for helping adults with ADHD build essential skills for time management, organization, planning, and coping.

GUILFORD PUBLICATIONS

Disc: ACAD & PROFESSIONAL

254 X 178 mm

Release Date: November 2013

9781462509638

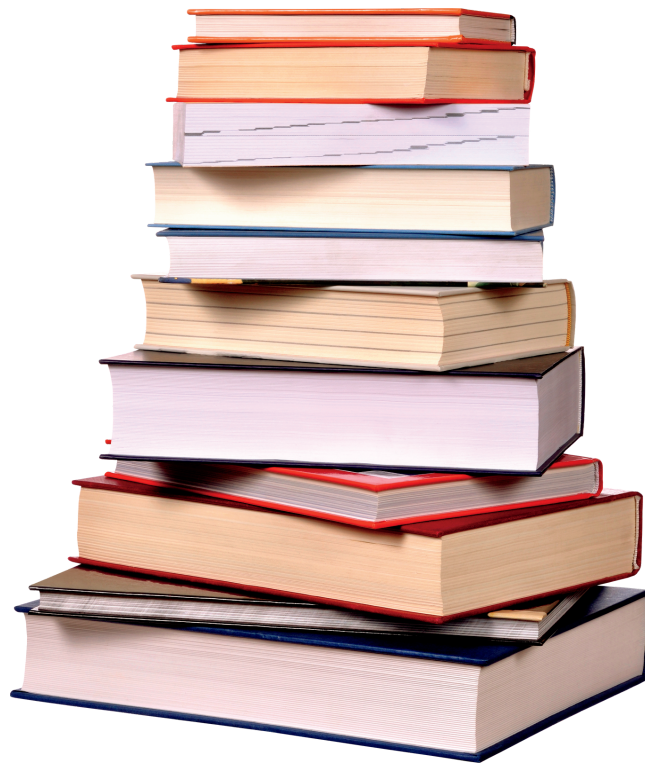
Paperback

214 pages

AUD\$: 75.99



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